

*The Shame Project*  
Participant Agreement  
April 2018-April 2019

*The Shame Project* is a durational, participatory, public performance action, and artistic research project. Through public collaborative action we work through our deeply personal shame while finding solidarity in the ubiquity of shame as a collective emotional state- Albeit one with detrimental and paralyzing effects.

Participation of the project is open to anyone who is willing to wear the high-visibility shame vest for a period of time (\*determined by the individual participant) and abide by the **participant agreements, as follow:**

1. Agree to wear the vest in public for a self-determined period of time. (\*See above)
2. Agree to email digital image/s to [rebeccamkautz@yahoo.com](mailto:rebeccamkautz@yahoo.com)
3. Agree to publicly post wearing the vest to Instagram at #SHAMEPROJECT2018
4. Agree to deliver the “high visibility shame vest” to the next participant or to the originating artist, Rebecca Kautz. Email the artist at [rebeccamkautz@yahoo.com](mailto:rebeccamkautz@yahoo.com) for details.

**Guiding Research Questions**

- 1 What is my personal definition and understanding of the word “shame”.
- 2 What shame do I carry and why?
- 3 In what ways do I elicit and propagate shame within my interpersonal relationships and in my children?
- 4 What function does shame serve within my psyche?
- 5 What effects does the experience/emotional state of shame have on my moral and ethical decisions? What effect does it have on my life choices and ability to imagine?
- 6 How is my shame related to my sexual orientation and gender, and has does it relate to others’ shame of differing identities?
- 7 How does religion impact shame-collectively, and personally?
- 8 How is shame tied to social class? What threads can be drawn between shame and the socioeconomic status of the observer?

**I Hereby agree to the stipulations set forth in this *Shame Project Agreement*. My signature below represents my participation in the Shame Project.**

_____	_____
Print-Participant Name	Date
_____	_____
Signature of Participant	Date
Participant Email _____	